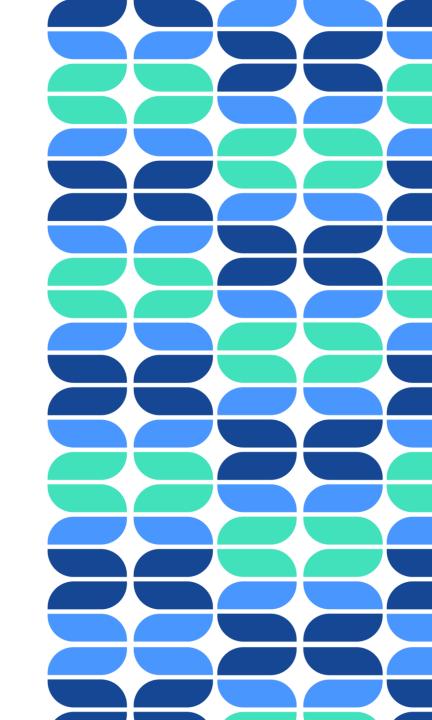


# Public Health Care System Financing 101

RICH RUBINSTEIN, MALAVIKA NARAYAN AND LIZ MULLEN

December 5, 2024



### Contents

- 1. Public Health Care System (PHS) Overview
- 2. PHS Financing: Principles, mechanics, and dilemmas
- 3. 1115 Waivers and their role
- 4. Medi-cal managed care supplementals: An overview
- 5. Looking ahead
- 6. Key Takeaways





# **1. Public Health Care System Overview**



# **About CAPH/SNI**



CAPH SNI

- The California Association of Public Hospitals and Health Systems (CAPH) and the California Health Care Safety Net Institute (SNI) represent California's 17 public health care systems and academic medical centers.
- As a trade association, CAPH works to advance policy and advocacy efforts that strengthen the capacity of its members to ensure access to comprehensive, highquality, culturally sensitive health care services for all Californians, and educate the next generation of health care professionals.
- SNI, a 501(c) 3 affiliate of CAPH, designs and directs programs that accelerate the spread of innovative practices among public health care systems, public clinics, and beyond. SNI's work helps these providers deliver more effective, efficient, and patient-centered care to the communities they serve.

### **Evolving Role of PHS Over Time**

- 1914: Virtually every CA county runs a hospital
- 1964: 50 of 58 counties run 66 hospitals
- 2007: Most recent 2 conversions/closures (MLK/Drew and Tuolumne General Hospital)
- 2023: 12 of 58 counties and 5 UCs run public health care systems



# California's 17 Public Health Care Systems



- Alameda Health System
- Arrowhead Regional Medical Center
- Contra Costa Regional Medical Center
- Kern Medical
- LA County Department of Public Health Services
- Natividad Medical Center
- Riverside University
   Health System
- San Francisco
   Department of Public
   Health

- San Joaquin General Hospital
- San Mateo Medical Center
- County of Santa Clara Health
   System
- Ventura County Health Care
   Agency
- UC Health
  - UC Davis Health
  - UC Irvine Health
  - UC San Diego Health
  - UC San Francisco Health
  - UC Los Angeles Health

### Who we serve

# Though accounting for just 5% of hospitals in the state, public health care systems:

- Serve more than **3.7M** patients annually, a 30% increase since 2014
- Provide **36%** of all Medi-Cal and uninsured hospital care in the state
- Provide over 12M hospital outpatient visits per year
- Employ nearly 98,000 individuals

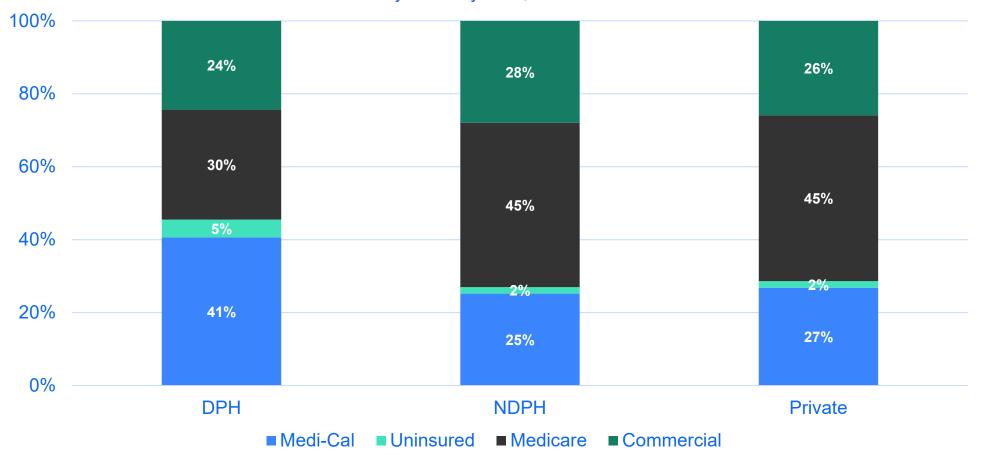


Ventura County Health Care Agency

- Nearly 60% of patients identify as persons of color
- Train 45% of all new doctors across the state
- Operate over half of all California's top-level trauma and burn centers



#### **PHS: Core Providers of Care to Medi-Cal and Uninsured**



Payer Mix by Cost, FY 22-23



Source: HCAI FY 2022-23 Hospital Annual Financial Data DPHs: 15 county-owned and operated hospitals and six University of California medical centers NDPHs: Non-designated public hospitals, often referred to as district hospitals Privates: All non-DPH, non-NDPH, non-children's comparable general acute hospitals



# 2. Public Health Care System Financing



# **Medi-Cal in California**

- Medicaid: Federal-State joint program, with costs shared
- Affordable Care Act vastly increased eligible population
  - About 25% of enrollees are in newly-eligible groups
- Increasing role of managed care
  - About 75-80% enrolled in managed care plans, usually automatically
  - More enrollees and services have been and will continue to be transitioned into managed care over the next few years – including duals, state-only, transplants, long term care, subacute etc.
- Fee-for-service mechanisms retain significant role even with increased focus on managed care – churn and waiting period
  - Large proportion of payments for services remain FFS

#### CAPH SNI

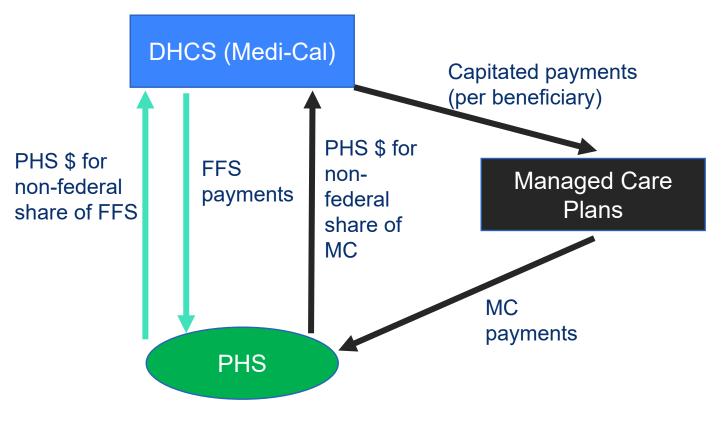
# **Medi-Cal Non-Federal Share**

- Under shared financing mechanism, federal government requires match to pay federal funds (the non-federal share)
- Federal Medical Assistance Percentage (FMAP) determines non-federal share
  - 50% for Traditional Medi-Cal population (in CA)
  - 90% for Newly-eligible Medi-Cal (ACA), permanent after gradual decrease from 100%
- Potential sources of these matching funds:
  - State general fund
  - <u>Public governmental entities</u> (PHS)
  - Private entities (in limited circumstances, chiefly hospital fee program)
  - MCO tax (negotiating with state for funds that could be used for the non-Federal share)

#### CAPH SNI

### **PHS in Medi-Cal Context**

 "Self-financing": PHS provides both services and puts up financing for those same services





### **Funding the Non-Federal Share**

Two primary ways that PHS fund the non-federal share

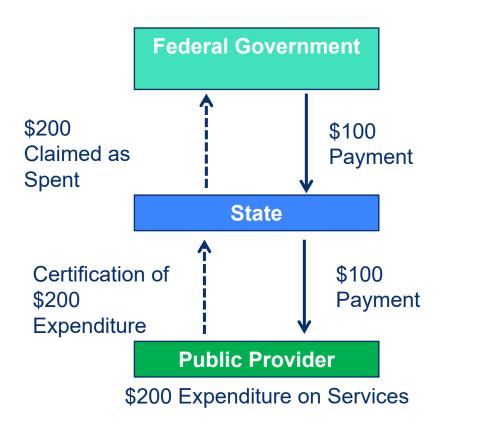
• **CPEs:** Certified Public Expenditures

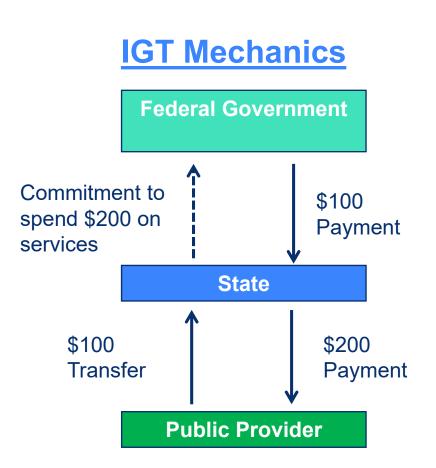
• **IGTs:** Intergovernmental Transfers



# **CPE and IGT Comparison**

#### **CPE Mechanics**





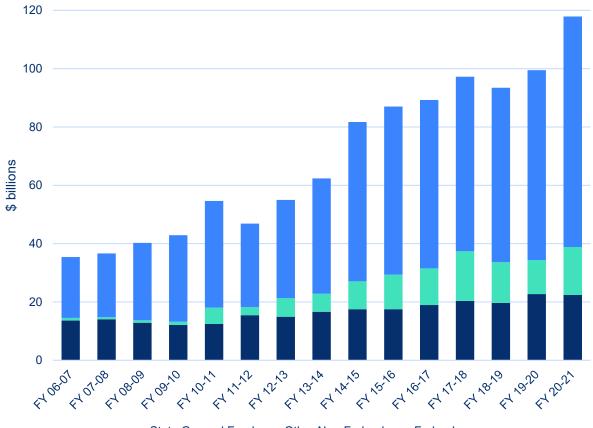


# **Supporting Medi-Cal**

State general funds increase slowly or remain flat

 Increased reliance on selffinancing over time to maximize federal funding

 Growing importance of federal funds



State General Fund Other Non-Federal Federal

#### CAPH SNI

# **Mounting Role of Self-Financing Over Time**

**1990s**: First PHS- **2000s**: Selffinanced supplemental payments developed under Medi-Cal

financed payment streams multiply, largely via FFS and waivers

2010s: PHS increasingly selffinance low base rates from managed care plans to better fund our services

2020s: Managed care becomes more dominant where PHS increasingly funding NFS through IGTs

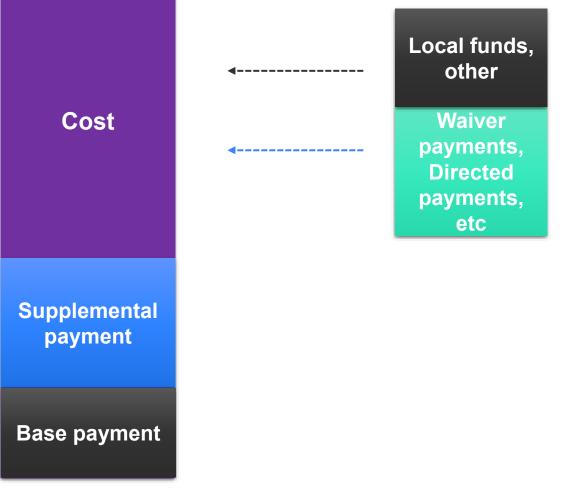
For PHS, supplementals now represent a majority of their Medi-Cal and uninsured payments



# Financing for Medi-Cal Services – With Self-Financing

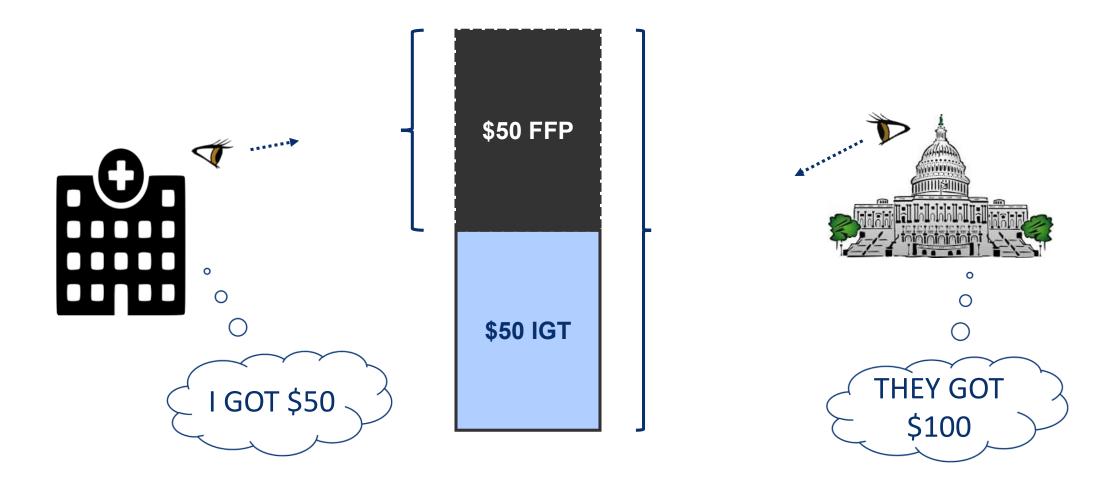
 PHS must consistently seek payment streams to offset low base rates and the costs of serving the safety net

CAPH SNI



Illustrative only!

# **Diverging Viewpoints on Payments Received**





# **Pros and Cons of Self-Financing**

- Gives PHS unique role in developing, sustaining key programs
- Persistent loss, aka "the 50%"
  - Other funding sources: 1991 health realignment, others
- Cash transfer requirements
- Reporting requirements



# 3. 1115 Waivers



## What is a Medicaid 1115 Waiver?

- Section 1115 of Social Security Act allows states more flexibility in running and financing their Medicaid programs, specifically by:
  - <u>Waiving rules</u> normally in Medicaid to demonstrate innovative approaches to care
  - <u>Granting authority to spend</u> Medicaid dollars on people or services not normally covered in the Medicaid program ("Costs Not Otherwise Matchable" or "CNOM")
- Waivers can cover all or part of a state's Medicaid program
- Requires HHS/CMS approval



# **Evolution of 1115 Waiver Programs**

	2010 Bridge to Reform (2010-2015)	Medi-Cal 2020 Waiver (2015-2021)	Waiver Programs – 2022- 2026
Coverage Innovations	Low Income Health Program (LIHP)	Global Payment Program (GPP)	Global Payment Program (GPP) – provide non- traditional services to align with CalAIM
Quality and Delivery	Delivery System Reform Incentive Pool (DSRIP)	Public Hospital Redesign and Incentives in Medi- Cal (PRIME) Whole Person Care (WPC)	Providing Access and Transforming Health (PATH) – incentives to support ECM / Community Supports transition

CalAIM



# 4. Medi-Cal Supplemental Programs



# **Coverage in California**

- Post-ACA coverage
  - Roughly 5 million in CA gained coverage through ACA, about 3.5 million through Medi-Cal expansion
  - Over 3 million Californians remain uninsured
- Public health care system perspective
  - Declines in uninsured
  - Increased enrollment in Medi-Cal, state-only expansion
    - Over 50 state-only expansion started in May 2022
    - 26-49 expansion in Jan 2024
  - Continued role in funding a growing Medi-Cal program

#### CAPH SNI

# **Importance of Managed Care**

- Increasing enrollment
- Long-term state direction: new services and strategies should be implemented via health plans
- 2017 federal regulation obligated DHCS and PHS to redesign multiple financing streams that flow through managed care plans
- 2024 federal regulation further provides guidelines on how some of these programs are handled



### **Key Managed Care Supplemental Payments Examples**

Name	Description
Enhanced Payment Program (EPP)	Fixed pools for DPHs, prorated based on managed care encounters or revenue for fully capitated providers
Quality Incentive Program (QIP)	Fixed pools for DPHs, distributed by number of managed care lives served/assigned, earned by meeting quality metric targets
Graduate Medical Education (GME)	Calculations similar to Medicare GME (direct & indirect) for teaching costs, but for Medi-Cal Managed Care services



## **Importance of Data**

• PHS financing increasingly relies on accurate, reliable, service level reporting



\* E.g., state fee schedule, or negotiated w/ Medi-Cal plan



# 5. Looking Ahead



# **Opportunities and Challenges Going Forward**

#### **Opportunities**

- Continue to demonstrate waiver, CalAIM and QIP/EPP success
- MCO tax work could lead to financial support
- Leading way on equity work but what will it look like in Trump Administration

#### Challenges

- Continued uncertainty at the federal level: approval of continuing and new programs, including waiver and supplemental payments (waiting on approval of MCMC rule)
- Self-financing creates a structural gap in PHS financing, ongoing effort to close and minimize that gap but is growing over time
- Staffing shortages and increased staffing costs
- CalAIM services challenge working with plans and getting services approved and paid at rates sufficient to cover investments.
- Placement 10-30% of beds should be discharged

#### CAPH SNI

### **Beyond the waiver focus**

- Supplemental payments through managed care are now much larger annually than 2022 waiver ask (EPP, QIP, DPNF, transplants, etc.)
  - Cash flow concerns working on solutions
  - Need to ensure DPNF and transplant have soft landings
  - Continue to rightsize EPP and QIP approvability under Trump Administration a concern
- Structural gap => need to increase state general fund support, not just FFP, as many
  of our supplemental programs are hitting their ceiling
  - Need increased supplemental and base rates as well as new waiver or other funding to close gap – MCO tax, new waiver programs, MCMC incentive payments
  - Immigration concerns could lead to substantial reduction in elective services and continued volume of Medi-Cal L/S and PE services – impacts DSH, GPP and potential sizing of MC supplementals



# **Future of Financing**

- Data on cost, utilization, quality and outcomes will be more crucial than ever for DHCS
- Centrality of managed care plans
  - Supplementals
  - CalAIM
  - Duals
  - Placement
  - No more carveouts and little FFS
- OHCA coming up with exemptions or reasonable limitations on PHS revenue growth
- Working with new administration to continue trends of supplemental funding for PHS in California while coming up with new funding to address ongoing need
- Focus on costs –CEPA just the beginning



# 6. Key Takeaways

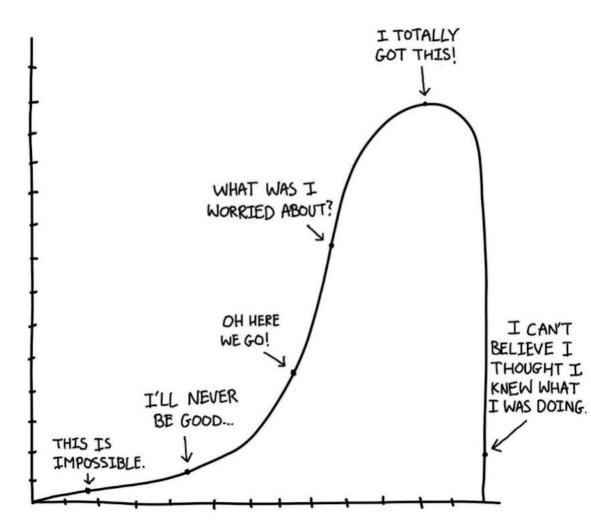


# Key Takeaways

- PHS have unique, major role in serving low-income Californians (Medi-Cal, uninsured)
- Vast majority of PHS funding is self-financed, across wide array of Medi-Cal subprograms
  - Governmental status means PHS can contribute nonfederal share (IGTs, CPEs) in place of state
  - This ability both empowers and constrains PHS
- Payment programs constantly evolving or being replaced due to swings in federal regulations, priorities, etc.
- 1115 waivers are an important way PHS drive and fund strategic change, with major successes to date, but other paths also exist (managed care plans vital)
- New challenges continue to arise for both Medi-Cal and PHS in sustaining their role looming deficits need to be addressed



#### LEARNING CURVE



**OSTEINBERGDRAWSCARTOONS** 

# **Questions?**

Contacts: Rich Rubinstein <u>rrubinstein@caph.org</u> Malavika Narayan <u>mnarayan@caph.org</u> Liz Mullen <u>Imullen@caph.org</u>

